



YORKEYS KNOB COMMUNITY CENTRE

News and calendar of events

JANUARY & FEBRUARY 2020



58 – 64 WATTLE STREET, YORKEYS KNOB, QLD.4878

FOR BOOKINGS & ENQUIRIES PHONE: 0448 635 376 CARETAKER PHONE:0438 125 670

EMAIL: ykcc@dodo.com.au WEB: www.yorkeysknob.com

THE COMMITTEE :Glenda Rowan - Brian Hooley - June Corrie – Wayne Le Clos – Guest, Jessie Richardson

HAPPY★NEW★YEAR HAPPY★NEW★YEAR HAPPY★NEW★YEAR

NEW FOR 2020

BILLY’S BUDDIES: is a basic ball skills program designed and owned by Billy Slater for children aged 2– 6. The program has been designed to introduce sport to as many children as possible through theme-based activities and games. Give Billy’s Buddies a try at Yorkeys Knob Community Centre, Wattle Street on Wednesdays at 3.30pm. Call in any Wednesday for a free trial or **FOR MORE INFORMATION GIVE KATE MACRAE A CALL ON 0427 808 975**

GONG MARATHONS: are being held on Saturday 1st February and Saturday 29th February commencing at 3pm **FOR MORE INFORMATION CONTACT RENEE ON 0428 846 799**

FAMILY CONSTELLATION: Christiane from Body & Skin Care, Cairns Beaches, is starting her classes on Saturday 22nd February with a **free workshop** commencing at 11am. Christiane is a Family Constellation facilitator amongst other educations and is offering this free session because it’s a powerful supportive way of mental support in all kinds of circumstances but unfortunately unknown here. Well known in Europe, it is a process of reconciliation where ancestral influences are unravelled, and family dynamics become visible. Become aware of hidden entanglements which are holding you back or keep you doing the same negative patterns, step out evolve and become an authentic happy you. Space is limited and booking is necessary. **FOR MORE INFORMATION CONTACT CHRISTIANE ON 0447 277 793**

CAIRNS SACRED WOMEN’S CIRCLE: Donna Raymond, Wise Wombman, Sacred Feminine Educator and mentor will be holding a session the 3rd Sunday of every month, commencing at 9am. Women from all ages, seasons and backgrounds are invited to gather in Sacred Circle sharing stories, wisdom, creativity, tears, laughter, healing and connection. **FOR MORE INFORMATION CONTACT DONNA ON 0413 938 880**

ACTIVITIES AT THE COMMUNITY HALL FOR JANUARY 2020

Yellow highlight indicates school holidays

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2	3	4	5
						7 pm Misha Hoo
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6	7	8	9	10	11	12
9 am-3pm Melania	10am – 4pm Absolute Art				7.30- 8.30am Qi-gong classes	
	5.30 – 7.30pm YKCPA				10am - 12 Fundamental Moves	
		5.30 – 9.30pm Julian Cliffe		5 - 9 pm Rob’s Self Defense		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
13	14	15	16	17	18	19
9 am- 3pm Melania	10am – 4pm Absolute Art			9.30 -10.30am Zumba Gold	7.30- 8.30am Qi-gong classes	10am-3 pm Cains Dutch Club
				11am Terize Art Class	10am - 12 Fundamental Moves	
	7 – 8.30pm Crystal Meditation	5.30 – 9.30pm Julian Cliffe			2pm – 4pm Rachel Billam	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
20	21	22	23	24	25	26
9 am- 3pm Melania	10am – 4pm Absolute Art			9.30 -10.30am Zumba Gold	7.30- 8.30am Qi-gong classes	9.00 am American Car Club
				11am Terize Art Class	10am - 12 Fundamental Moves	Australia Day Celebrate what’s great!
	7pm - 8pm Gong Meditation	5.30 – 9.30pm Julian Cliffe			5– 10pm PRIVATE FUNCTION	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27	28	29	30	31		
	10am – 4pm Absolute Art		9.30 -11am Play & Grow	9.30 -10.30am Zumba Gold		
		3.30 – 4.30pm Billy’s Buddies		11am Terize Art Class		
	7.30- 9 pm Y.K.R.Association	5.30 – 9.30pm Julian Cliffe		5- 9 pm Rob’s Self Defense		



Cairns City Councils Australia Day Breakfast is being held at Sims Esplanade, Yorkeys Knob on Sunday 26th January from 7am...so stroll down and help celebrate what’s great about our country





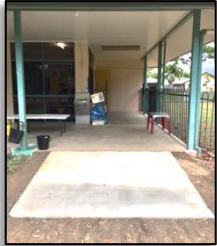
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IMPROVMENTS AT THE CENTRE

Just in time for the Christmas period, the Cairns Regional Council installed a new ramp from the back of the hall onto the grounds including the Children's Playground. This ramp proved popular the night of the Christmas Carols allowing those with prams, walkers and wheelchairs easy access to the water fountain and back doors.

Another popular addition is a bench seat at the front of the hall. This has been in constant use since installed and is ideal for those waiting in all types of weather for a taxi or car.



With a grant from the Queensland Government Office of Liquor and Gaming, we have a new CD player which is now hooked up to our audio-visual system. Finally, we have been successful in our grant from Connected Communities FNQ (Bendigo Bank) for a Defibrillator.

Community Centre President, Glenda Rowan is seen here accepting the cheque at the hand-over ceremony. The Defibrillator will be in place soon and a workshop will be offered to all hall user groups who are interested in learning how to use it.

ACTIVITIES AT THE COMMUNITY HALL FOR FEBRUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1	2
					7.30-8.30am Qi-gong classes	
					10am – 12 Fundamental Moves	
					3pm - 10pm GONG MARATHON	7 pm Misha Hoo
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
3	4	5	6	7	8	9
9am - 12 Play & Grow	10am – 4pm Absolute Art	9am-12noon M. Coast Day Care	9.30 -11am Play & Grow	9.30 -10.30am Zumba Gold	7.30- 8.30am Qi-gong classes	
2 - 7 pm Rob's Self Defense		3.30 – 4.30pm Billy's Buddies		11am Terize Art Class	10am- 12 Fundamental Moves	
	5.30 -7.30pm YKCPA	5.30 – 9.30pm Julian Cliffe		5 -9 pm Rob's Self Defense		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10	11	12	13	14	15	16
9am - 12 Play & Grow	10am – 4pm Absolute Art	9am-12noon M. Coast Day Care	9.30 -11am Play & Grow	9.30 -10.30am Zumba Gold	7.30- 8.30am Qi-gong classes	9am – 2.30pm Donna Raymond
2 - 7 pm Rob's Self Defense		3.30 – 4.30pm Billy's Buddies	12pm - 1pm PRIVATE EVENT	11am Terize Art Class	10am- 12 Fundamental Moves	
	7 - 8.30pm Crystal Meditation	5.30 – 9.30pm Julian Cliffe		5 -9 pm Rob's Self Defense	2pm – 4pm Rachel Billam	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
17	18	19	20	21	22	23
9am - 12 Play & Grow	10am – 4pm Absolute Art	9am-12noon M. Coast Day Care	9.30 -11am Play & Grow	9.30 -10.30am Zumba Gold	7.30- 8.30am Qi-gong classes	9.00 am American Car Club
2 - 7 pm Rob's Self Defense		3.30 – 4.30pm Billy's Buddies		11am Terize Art Class	10am- 12 Fundamental Moves	
	7pm - 8pm Gong Meditation	5.30 – 9.30pm Julian Cliffe		5 -9 pm Rob's Self Defense	11am – 3pm Family workshop	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
24	25	26	27	28	29	
9am - 12 Play & Grow	10am – 4pm Absolute Art	9am-12noon M. Coast Day Care	9.30 -11am Play & Grow	9.30 -10.30am Zumba Gold	7.30- 8.30am Qi-gong classes	
2 - 7 pm Rob's Self Defense		3.30 – 4.30pm Billy's Buddies	1 – 3pm PRIVATE EVENT	11am Terize Art Class	10am – 12 Fundamental Moves	
	7.30 - 9 pm Y.K.R.Association	5.30 – 9.30pm Julian Cliffe		5 -9 pm Rob's Self Defense	3pm - 10pm GONG MARATHON	

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| ☎ Absolute Art 0407 335 275 | ☎ Marlin Coast Day Care 4057 9977 | ☎ Zumba Gold 0401 023 084084 | ☎ Y.K. Residents Association 0409048687 |
| ☎ Play & Grow 40346 800 | ☎ YKCP Progress Ass. 0400 695 596 | ☎ Crystal & Moon Gong Meditation 0428 846 799 | |
| ☎ American Car Club 0417 730 878 | ☎ Misha Hoo - Shamanic 0457253573 | ☎ Rob's Self Defence 0439300045 | ☎ Billy's Buddies 0427808975 |
| ☎ Mathilde 0401918986 | ☎ Rachael Billam 04487761 | ☎ Qi-gong classes 0428 846 799 | ☎ Kids Yoga 0401918986 |