



YORKEYS KNOB COMMUNITY CENTRE

News and calendar of events

SEPTEMBER & OCTOBER 2020

58-64 WATTLE STREET, YORKEYS KNOB. QLD.4878

EMAIL: ykcc@dodo.com.au WEB: www.yorkeysknob.com

BOOKINGS & ENQUIRIES PHONE: 0448 635 376 CARETAKER PHONE: 0438 125 670

THE COMMITTEE: Glenda Rowan - Brian Hooley -Jan Hardy- June Corrie - Wayne Le Clos and Christian Cluver



RESULT OF 2020 AGM – NEW COMMITTEE

The annual general meeting of the Yorkeys Knob Community Centre Committee (known as Yorkeys Knob Activities Group) was held on the 27th August 2020.

The new committee is Glenda Rowan President, Brian Hooley Secretary, Wayne Le Clos, Vice President and Newsletter, June Corrie committee member and it's a pleasure to introduce our new Treasurer, Jan Hardy.



ZUMBA DEPARTS COMMUNITY CENTRE

Due to the strict Covid-19 regulations at the Community Centre Hall, Zuma unfortunately has had to locate to other premises. We are sorry to lose this popular event and hope one day they will be back.

ABSOLUTE ART SHOW IS ON AGAIN IN OCTOBER

The popular Absolute Arts Annual Art Show weekend is planned for the 10th and 11th October this year. Strict Covid-19 regulations will apply at all times over the weekend.

Commencing Saturday the 10th at 11am until 4pm and again Sunday the 11th from 10 until 3pm. the work of this talented group is for sale, in-fact each year, a piece from the exhibition is selected by the committee and displayed alongside past years choices in the Community Centre hall. So come and browse or purchase a work that you just 'have to have'. You can also vote in the popular People's Choice award which is also a favourite with the community and will be a feature again this year with a cash prize by courtesy of Craig Crawford MP for Barron River.

ACTIVITIES AT THE COMMUNITY HALL FOR SEPTEMBER

Yellow highlight indicates school holidays

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3	4
			10am – 4pm Absolute Art	9am-12pm M. Coast Day Care	9.30 -12.30 PLAY & GROW	11am Terize Art Class
			WATTLE DAY			
			6.30pm Men's Yoga	5.30 – 9.30pm AREA 13	6 -7pm FNQ YOGA	4-5pm Martial Arts Training
SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	6	7	8	9	10	11
8am Qi-gong classes	NATIONAL BILBY DAY	9 am – 3.30pm PLAY & GROW	10am – 4pm Absolute Art	9am-12pm M. Coast Day Care	9.30 -12.30 PLAY & GROW	11am Terize Art Class
10am-12 Fundamental Moves		4-5pm Martial Arts Training				
1pm-3pm Fundamental Moves	7 -8pm Misha Hoo		7pm 8pm Crystal Meditation	5.30 – 9.30pm AREA 13		4-5pm Martial Arts Training
SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12	13	14	15	16	17	18
8am Qi-gong classes		9 am – 3.30pm PLAY & GROW	10am – 4pm Absolute Art	9am-12pm M. Coast Day Care	9.30 -12.30 PLAY & GROW	11am Terize Art Class
10am-12 Fundamental Moves		4-5pm Martial Arts Training				
			7pm - 8.30pm Gong Meditation	5.30 – 9.30pm AREA 13	4.30pm FNQ YOGA	4-5pm Martial Arts Training
SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19	20	21	22	23	24	25
8am Qi-gong classes	9am-2.30pm Donna Raymond		10am – 4pm Absolute Art			11am Terize Art Class
10am-12 Fundamental Moves	4.30pm FNQ YOGA	4-5pm Martial Arts Training				
2pm – 4pm Rachel Billam				5.30 – 9.30pm AREA 13		4-5pm Martial Arts Training
SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26	27	28	29	30		
8am Qi-gong classes	9 am American Car Club		10am – 4pm Absolute Art			
10am-12 Fundamental Moves	 Yom Kippur	4-5pm Martial Arts Training				
			7.30pm Y.K.Residence Assoc	5.30 – 9.30pm AREA 13		

☎ Y.K. Residents Association 0438 111 722
 ☎ Play & Grow 40346 800
 ☎ American Car Club 0417 730 878

☎ Absolute Art 0407 335 275
 ☎ Crystal & Moon Gong Meditation 0428 846 799
 ☎ Misha Hoo - Shamanic 0457253573

☎ Marlin Coast Day Care 4057 9977
 ☎ Hatha Yoga for Men 0481 273 071
 ☎ Qi-gong classes 0428 846 799

☎ Rachael Billam 04487761
 ☎ Martial Arts 0439300045
 ☎ Mathilde 0401918986



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Spring

IT'S SPRING AND SNAKES ARE STARTING TO STIR. THEREFORE, REMEMBER SNAKE REMOVAL ☎0408 331 700

NEW HATHA YOGA FOR MEN

After travelling around for a decade Amy Charlotte finally found somewhere to call home in Yorkeys Knob. Having grown up in Yorkshire she moved from one Yorkie to another. She says she feels very lucky to have ended up somewhere next to the ocean and the rainforest as I much prefer being outside than in and can't wait to get a little more settled and book in some kite-surfing lessons. Amy teaches Yoga & movement and is also focusing on creating mental health awareness through her new project, We Can Heal. Amy says I decided to create a Men's only class as I know that walking into a standard Yoga class can be intimidating. Hatha Yoga follows a slow pace making it a great starting point for beginners. The class combines breathing exercises, postures and meditation connecting the mind, body and spirit. So please don't be intimidated by the gymnastics type yoga portrayed all over social media, Yoga is truly accessible for all, we just need to find what works for us. Hatha Yoga Class for Men at 6.30pm for 90 minutes commencing the first Tuesday of each month, starting Tuesday 1st September and again Tuesday 6th October at the Community Centre, Wattle Street. Cost is only \$15 For more information please Text Amy on 0481 273 071 or to confirm your spot, booking essential. and a reminder to BYO Yoga mat.

ACTIVITIES AT THE COMMUNITY HALL FOR OCTOBER

Yellow highlight indicates school holidays

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2	3	4
			6-7pm FNQ YOGA	11am Terize Art Class 4-5pm Martial Arts Training	8.am - 9am Qi-gong classes 10am - 12 Fundamental Moves 1pm-3pm Fundamental Moves	7 pm Misha Hoo
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5	6	7	8	9	10	11
Queens Birthday 4-5pm Martial Arts Training	10am - 4pm Absolute Art 6.30pm Men's Yoga	9am-12noon M. Coast Day Care 5.30 - 9.30pm AREA 13	9.30-12.30 Play & Grow	11am Terize Art Class 4-5pm Martial Arts Training	8.am - 9am Qi-gong classes ABSOLUTE ART	ART EXHIBITION
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12	13	14	15	16	17	18
9 am - 3.30pm Play & Grow 4-5pm Martial Arts Training	10am - 4pm Absolute Art 7-8.30pm Crystal Meditation	9am-12noon M. Coast Day Care 5.30 - 9.30pm AREA 13	9.30-12.30 Play & Grow 6-7pm FNQ YOGA	11am Terize Art Class 4-5pm Martial Arts Training	8.am - 9am Qi-gong classes 10am-12 Fundamental Moves 2pm - 4pm Rachel Billam	9am - 2.30pm Donna Raymond
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
19	20	21	22	23	24	25
9 am - 3.30pm Play & Grow 4-5pm Martial Arts Trainin	10am - 4pm Absolute Art 7pm - 8pm Gong Meditation	9am-12noon M. Coast Day Care 5.30 - 9.30pm AREA 13	9.30-12.30 Play & Grow	11am Terize Art Class 4-5pm Martial Arts Training	8.am - 9am Qi-gong classes 10am-12 Fundamental Moves	9.00 am American Car Club
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
26	27	28	29	30	31	
9 am - 3.30pm Play & Grow 4-5pm Martial Arts Training	10am - 4pm Absolute Art 7.30-9 pm Y.K.R.Association	9am-12noon M. Coast Day Care 5.30 - 9.30pm AREA 13	9.30-12.30 Play & Grow	11am Terize Art Class 4-5pm Martial Arts Training	8.am - 9am Qi-gong classes 10am - 12 Fundamental Moves	

HELPFUL PHONE NUMBERS

- | | | |
|---|--------------------------------|---|
| ☎ EMERGENCY (POLICE, AMBULANCE, FIRE) 000 | ☎ Y.K.POST OFFICE 4055 7110 | ☎ YORKEYS KNOB SCHOOL 4080 0333 |
| ☎ CAIRNS REGIONAL COUNCIL 4044 3044 | ☎ SMITHFIELD LIBRARY 4057 7755 | ☎ SES 132 500 |
| ☎ SMITHFIELD POLICE 4057 1900 | ☎ Y.K. POLICE BEAT 4055 7599 | ☎ STREET LIGHTING FAULTS 131 046 |
| ☎ YORKEYS KNOB PHARMACY 4055 8889 | ☎ ILLEGAL DUMPING 1300 692247 | ☎ SNAKE REMOVAL 0408 331 700 |
| ☎ COUNCIL GRAFFITI REMOVAL 1300 692247 | ☎ BEACHSIDE VET 4057 8677 | ☎ YORKEYS PRIMARY CARE (DOCTOR) 4220 9884 |

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